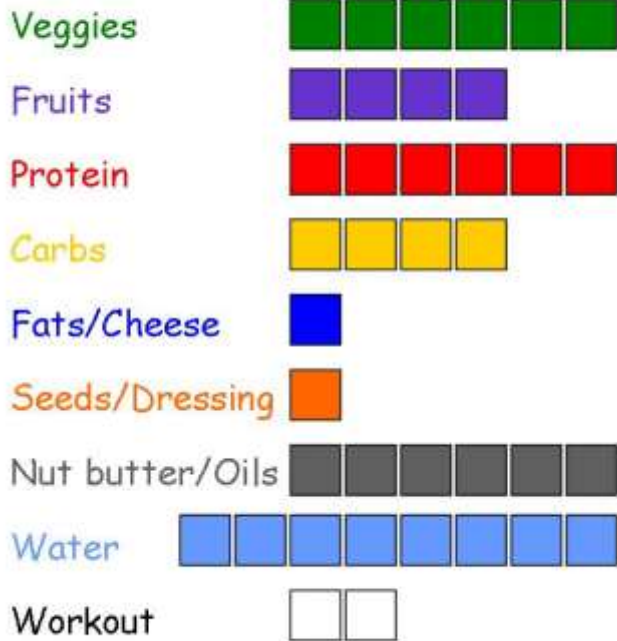


WHEN I LOST
ALL OF
MY EXCUSES,
I FOUND ALL
MY RESULTS

241's ~ Tally Sheet ~ 2,100 - 2,300calories

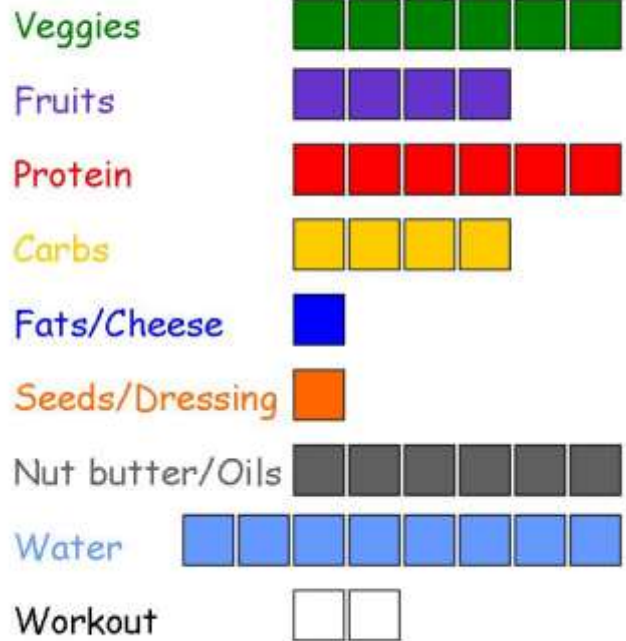
Day /Date



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241's ~ Tally Sheet ~ 2,100 - 2,300calories

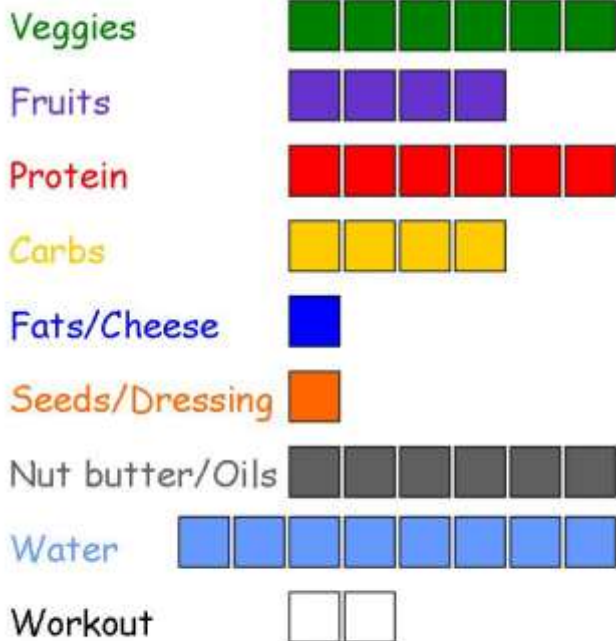
Day /Date



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